# **Location and contact information**

### **Address**

8900 Southeast 165th Mulberry Lane The Villages, FL 32162-5884 <u>Directions (Google Maps)</u>

# **Phone numbers**

**Main phone:** <u>352-674-5000</u>

**VA health connect:** <u>877-741-3400</u>

**Mental health care:** <u>352-674-5166 x305166</u>

# **Clinical hours**

**Mon:** 8:00 a.m. to 4:30 p.m.

• **Tue:** 8:00 a.m. to 4:30 p.m.

• **Wed:** 8:00 a.m. to 6:00 p.m.

• **Thu:** 8:00 a.m. to 4:30 p.m.

• Fri: 8:00 a.m. to 4:30 p.m.

• Sat: Closed

• Sun: Closed



# Prepare for your visit

Click on a topic for more details.

Expand all +

**Parking** 

Transportation services and schedules

# In the spotlight at VA North Florida/South Georgia health care

Welcoming Video to VeteransGet help from a patient advocateAccess your health recordsFind a phone number Check your billing, insurance, and payment optionsVolunteer or donateRead our annual reports and newslettersCompare our performance with non-VA facilities

# Health services offered here

Click on a service for more details like location, contact, and appointment information.

Collapse all -

### Addiction and substance use care

Drug and alcohol treatment and rehabilitation

We can help you overcome substance use problems from unhealthy alcohol use to life-threatening addiction. We match our services—like counseling, group therapy or medication—to your specific needs.

### **Contact information**

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Substance Use Disorder - Specialty Clinic**

352-674-5166

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

### 352-674-5000

The Substance Use Disorder (SUD) Team offers services designed to assist Veterans overcome addiction and mental illness through psychotherapy, education, support, and medication-assisted treatment. They also treat Veterans with co-occurring substance use disorder and PTSD. Veterans can be seen by a Case Manager as a walk in during business hours and then provided with an assessment to determine which level of care listed below is the most appropriate within this clinic. Areas without separate SUD Specialty Clinics can also access services for Substance Use Disorders either within Mental Health Clinics or via Telehealth Services. Some of the SUD programs listed below may not be available within each location and Veterans may be eligible to utilize community providers/programs, if necessary. Substance Use Disorders has 4 programs: Ambulatory Detox, Intensive Outpatient, Outpatient, Residential Rehab.

### Learn more about our VA treatment programs

# **Audiology and speech**

Hearing, speech, and balance

Common conditions: tinnitus, vertigo, hearing loss, vestibular conditions, swallowing conditions

We diagnose and treat conditions affecting your hearing, speech or balance. These include hearing loss, tinnitus (noise or ringing the ears) and dizziness—also speech, language, voice or swallowing disorders.

### **Contact information**

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

#### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

Referral required? No

Walk-ins accepted? No

Average number of days to get an appointment

We'll work with you to schedule an appointment with the shortest wait time. In some cases, we may schedule your appointment at another VA medical center or clinic, or refer you to a non-VA medical provider in your community. For urgent health issues, we offer same-day appointments, telehealth visits, or walk-in express care.

New patient **89 days** Existing patient **9 days** 

Current as of February 17, 2023

### Learn more about VA appointment wait times

Our Audiology and Speech Pathology clinic provides diagnostic and rehabilitative services, VA compensation and pension examinations, and screening for employee hearing conservation. We offer a full range of audiology and speech pathology services like:

- Hearing and balance evaluations
- Selection, management, and repair of hearing aids and assistive listening device assessments
- Evaluation, programming, and management of cochlear implants and bone-anchored implants
- Evaluation and treatment for auditory processing disorder
- Services that help with speech, language, fluency, voice, cognitive communication, swallowing, stuttering, and laryngectomy (surgical removal of the larynx, which contains your vocal cords)

### Learn more about VA hearing aids

### **COVID-19 vaccines**

Common conditions: coronavirus, COVID-19

We provide COVID-19 vaccines to Veterans as well as their spouses and caregivers. We also provide vaccines to Civilian Health and Medical Program of the Department of Veterans Affairs (CHAMPVA) recipients and VA staff.

### **Contact information**

#### Hours

- Mon. Closed
- Tue. Closed
- Wed. 1:00 p.m. to 3:15 p.m. (Walkins available)
- Thu. Closed
- Fri. Closed
- Sat. Closed
- Sun, Closed

### **Appointments**

VA is providing COVID-19 vaccines and COVID-19 vaccine booster to Veterans/spouses/caregivers who have received a primary series. Appointment preferred.

#### **Phone**

352-548-6000 x 103755

Referral required? No

Walk-ins accepted? Yes

### Schedule an appointment online

VA is providing COVID-19 vaccines, as authorized by the Food and Drug Administration (FDA). Supply varies by facility.

VA is now offering COVID-19 vaccine booster shots to Veterans, spouses and caregivers who have already received a primary series.

Info on COVID-19 vaccines and testing

- Get more information about COVID-19 vaccines at VA
- Learn more about COVID-19 booster shots at VA
- Learn more about how to obtain testing kits

You can also receive your COVID-19 booster outside of VA. You can locate a vaccine site at <a href="https://www.vaccines.gov/search/">https://www.vaccines.gov/search/</a>. Make sure to take your CDC COVID-19 Vaccination Record Card when you go.

We continue to encourage all eligible individuals to get vaccinated. Appointments preferred at all location.

Individuals who prefer to schedule an appointment to receive their COVID-19 vaccination can call <u>352-548-6000</u> ext. 103755 to schedule.

**IMPORTANT NOTE:** Vaccines will not be available on federal holidays.

View COVID-19 Vaccine/Testing Schedule and Operational Plan and Safety Precautions here.

# Cardiology

Heart and circulation

Common conditions: heart disease, high blood pressure, heart rhythm disorders, angina, vascular diseases

Our cardiology specialists offer advanced treatment and care for conditions affecting your heart and blood vessels, including heart disease, stroke, heart rhythm disorders and high blood pressure.

### **Contact information**

### Hours

• Mon. 8:00 a.m. to 4:30 p.m.

- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### Phone

352-674-5000

Referral required? No

Walk-ins accepted? No

# Average number of days to get an appointment

We'll work with you to schedule an appointment with the shortest wait time. In some cases, we may schedule your appointment at another VA medical center or clinic, or refer you to a non-VA medical provider in your community. For urgent health issues, we offer same-day appointments, telehealth visits, or walk-in express care.

New patient **52 days**Existing patient **14 days** 

Current as of February 17, 2023

### Learn more about VA appointment wait times

We perform noninvasive and minimally invasive tests and procedures that check, support, and improve your heart health. We'll work with you to develop a personalized treatment plan and treat you with the most effective medications. Our services include:

- Evaluating you for coronary heart disease, heart-valve disease, and heart defects
- Determining how well blood flows through your heart vessels or find the cause of your heart failure
- Treating your heart vessels with nonsurgical or minimally invasive operations that open and support them through balloon angioplasty or stent placement
- Noninvasively monitoring you for changes in heart rhythm, using electrocardiograms (EKGs or ECGs), portable Holt monitors, or ultrasound
- Performing surgical treatments like pacemaker implants or cardiac catheterization (inserting a long, thin tube into an artery or vein)

### **Dental/oral surgery**

Mouth, teeth, gum, and oral care

Common conditions: teeth cleaning, fillings, restorations, root canal, bridges, dental implants, dentures

If you're eligible for VA dental care, we provide dental screenings, cleanings, X-rays and fillings. We also provide specialty dental procedures like root canal, restorations and dentures.

### **Contact information**

#### Hours

- Mon. 8:00 a.m. to 4:00 p.m.
- Tue. 8:00 a.m. to 4:00 p.m.
- Wed. 8:00 a.m. to 4:00 p.m.
- Thu. 8:00 a.m. to 4:00 p.m.
- Fri. 8:00 a.m. to 4:00 p.m.
- Sat. Closed
- · Sun. Closed

### **Appointments**

If you are eligible for VA dental care, we provide dental screenings, cleanings, x-rays, and fillings. We also provide specialty dental procedures like root canal, restorations, and dentures.

#### **Phone**

352-674-5000 x 301209

### **Referral required?** Yes

### Walk-ins accepted? No

If you're eligible for VA dental care, we offer a full range of quality dental services like:

- Routine exams and teeth cleaning
- Restorative procedures, including fillings and crowns
- Comprehensive surgical care, including extractions (pulling teeth) and oral cancer screening
- Routine and advanced prosthodontic care, including bridges, dentures, and dental implants
- Routine and advanced periodontal care, including root canals, gum treatments, and supporting bone care
- Oral and facial reconstruction surgery to repair damage from traumatic injury or serious illness

### Gastroenterology

Digestive care, GI

Common conditions: reflux, GERD, Barrett's esophagus, endoscopy, colonoscopy

Our gastrointestinal (GI) specialists offer screening and treatment for conditions affecting your GI tract, gallbladder, liver and pancreas—like reflux, Crohn's disease, hepatitis and pancreatitis.

### **Contact information**

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

### **Phone**

352-674-5000

Referral required? No

Walk-ins accepted? No

# Average number of days to get an appointment

We'll work with you to schedule an appointment with the shortest wait time. In some cases, we may schedule your appointment at another VA medical center or clinic, or refer you to a non-VA medical provider in your community. For urgent health issues, we offer same-day appointments, telehealth visits, or walk-in express care.

New patient **54 days** Existing patient

41 days

Current as of February 17, 2023

### Learn more about VA appointment wait times

We diagnose and treat medical conditions in your esophagus, stomach, intestines, colon, and other parts of your digestive system. We can also test and treat other organs, like your liver, pancreas, and gallbladder. Our gastroenterology department provides services like:

- Colonoscopy, esophagogastroduodenoscopy (EGD), and endoscopic retrograde cholangiopancreatography (ERCP), which use an endoscope (a long, flexible tube with a small camera on the end) that lets us examine your digestive system
- Endoscopic ultrasound, which uses high-frequency sound waves to create images that help us diagnose and evaluate digestive and lung diseases
- Manometry study, which tests how well your esophagus is working
- Small bowel capsule endoscopy, which uses a tiny wireless camera that takes pictures as it moves through your digestive system

• 24-hour pH study, which measures how much stomach acid is flowing into your esophagus and helps us assess conditions like severe heartburn and acid reflux

### **Homeless Veteran care**

Transitional and supportive housing, HUD-VASH

If you're homeless or at risk of becoming homeless, we can help. We offer many programs and services, including free health care. And we can help you connect with resources in your community.

### **Contact information**

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **HCHV Program**

352-548-1800

### **HCHV Program**

352-548-1809

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

#### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

### **Phone**

352-674-5000

We help Veterans who are homeless or at risk of becoming homeless due to financial hardship, unemployment, addiction, depression, or transition from jail. Contact one of our care coordinators to get help with:

- Immediate food and shelter needs, including both transitional and permanent housing
- Job training, life skills development, and education
- Justice system navigation and community reentry from jail
- Financial support to prevent homelessness
- Addiction and depression treatment
- Health and dental care

### Learn more and connect with a care coordinator

### Intimate partner violence support

domestic violence, abuse

If you feel that you or a loved one are in or may be in a potentially abusive or violent relationship, we can help.

### **Contact information**

#### **Hours**

- Mon. 7:30 a.m. to 4:00 p.m.
- Tue. 7:30 a.m. to 4:00 p.m.
- Wed. 7:30 a.m. to 4:00 p.m.
- Thu. 7:30 a.m. to 4:00 p.m.
- Fri. 7:30 a.m. to 4:00 p.m.
- Sat. Closed
- Sun. Closed

### **Intimate Partner Violence Assistance Program Coordinator**

352-548-7726

### **Intimate Partner Violence Assistance Program Coordinator**

352-316-2981

### **Appointments**

The VA Intimate Partner Violence Assistance Program provides services and resources to Veterans, caregivers, their families, and VA employees.

#### **Phone**

352-674-5000

### Referral required? No

### Walk-ins accepted? No

The VA Intimate Partner Violence Assistance Program provides services and resources to Veterans, caregivers, their families and VA employees. The goal of the program is to focus on health and safety in relationships.

### **Types of Intimate Partner Violence**

Men and Women experience intimate partner violence. The number could be twice as high for the veteran population. Intimate Partner Violence consists of the following:

- Physical Abuse-Intentional Use of Physical Force
- Emotional Abuse-Trauma caused by acts, threats of acts or coercive tactics.
- Sexual Abuse-Unwanted sexual activity or sexual touching; nonphysical such as sexting where consent is not given.
- Stalking(Cyberstalking)-A pattern of unwanted attention; in person or virtually that causes fear for safety.
- Financial Abuse-Controlling Money & Ruining Credit.

Intimate partner violence can affect both women and men. North Florida/South Georgia Veteran Health System Intimate Partner Violence Assistance Program Coordinators who can assist Veterans, significant others, caregivers and VA employees who use or experience intimate partner violence in their relationships by linking them with VA or community resources.

For questions or support, contact your local Intimate Partner Violence Assistance Program Coordinator(s) at 352-548-7726/ or 352-316-2981.

#### Resources

- Read more about the Intimate Partner Violence Assistance Program on the national page at <a href="https://www.socialwork.va.gov/IPV/About.asp">https://www.socialwork.va.gov/IPV/About.asp</a>
- Intimate Partner Violence Assistance Program (IPVAP) General Program Fact Sheet
- Video: Women's Health: Relationship Health Safety Screening Information
- Video: Health Safety Screening Information Safety Screening Information
- Video: Relationship Health and Safety

Florida domestic violence hotline

**1**-800-500-1119

Georgia domestic violence hotline

1-800-334-2836

# Laboratory and pathology

Blood draw and clinical testing

We offer blood tests and other advanced testing services to help you and your VA health care team monitor your health, find and understand any health problems and make informed treatment decisions.

#### **Contact information**

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- · Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

### 352-674-5000

Our laboratories provide a full range of clinical and diagnostic testing services. Our laboratory and pathology services include:

- Surgical pathology (study of biopsy tissue and tissue removed during surgery)
- Cytopathology (study of cells, pap tests, body fluids)
- Testing for infectious diseases
- Cytopathology (study of unusual cells) and surgical pathology (study of tissue removed during surgery)
- Autopsy services for hospital patients

### Mental health care

### Behavioral health

Common conditions: addiction, depression, anxiety, trauma, PTSD, bipolar disorder, schizophrenia, OCD

If you're struggling with issues like PTSD, depression, grief, anger or trauma, we offer counseling and other support. All VA health care facilities offer same-day help. You may qualify even without enrolling in VA health care.

### **Contact information**

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### Includes both mental health counseling and psychiatry/medication management

352-674-5166

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### Phone

352-674-5000

Referral required? Yes

Walk-ins accepted? Yes

Schedule an appointment online

# Average number of days to get an appointment

We'll work with you to schedule an appointment with the shortest wait time. In some cases, we may schedule your appointment at another VA medical center or clinic, or refer you to a non-VA medical provider in your community. For urgent health issues, we offer same-day appointments, telehealth visits, or walk-in express care.

New patient **56 days**Existing patient **11 days** 

Current as of February 17, 2023

### Learn more about VA appointment wait times

Our medical center and clinics provide consultation, evaluation, and treatment for a range of issues that may impact your mental health or emotional well-being. Our confidential outpatient services include individual and group therapy for:

**Same day access:** A Veteran Walk In to be assessed/triaged by a Provider, for non-life threatening/non-emergent needs within any clinic location (during regular business hours).

Primary care is the preferred entry point for accessing mental health services at the VA to enhance coordination of care. However, a Veteran may also be seen in any of the Mental Health clinics.

# Contact the Veterans Primary Care Provider to inquire as to PCMHI (Primary Care Mental Health Integration) care.

(If unsure of Veterans Primary Care Provider, contact (352) 548-6000 ext. 106729.)

The PCMHI Team may be a separate specialty clinic of providers or may be within the Veterans Primary Care team or Mental Health Clinic. Veterans may be seen within PCMHI for 4-8 weeks of services at this access point. Additional referrals can be made from PCMHI to MH Clinic services and Other Specialty Clinics.

Learn more and connect with a care coordinator

### Nutrition, food, and dietary care

Our nutrition experts work closely with you and your care team to help make sure you're getting the nutrition you need to get and stay as healthy as possible.

### **Contact information**

#### PACT PC

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

### Referral required? No

### Walk-ins accepted? Yes

Our registered dietitians can help you maintain or improve your health with good nutrition tailored to your needs. Through group, individual, and telehealth sessions, we provide nutrition education and counseling in areas such as:

- Cardiovascular and heart health
- Chronic kidney disease
- Diabetes (including gestational diabetes)
- Eating disorders and digestive health
- Pregnancy and postpartum nutrition
- Weight management

# **Ophthalmology**

Eye and vision care

Common conditions: cataracts, glaucoma, macular degeneration, diabetic eye disease

Our ophthalmology specialists diagnose and provide medical and surgical care for conditions that affect your eyes—like cataracts, glaucoma, macular degeneration and diabetic retinopathy.

### **Contact information**

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

Referral required? No

Walk-ins accepted? No

# Average number of days to get an appointment

We'll work with you to schedule an appointment with the shortest wait time. In some cases, we may schedule your appointment at another VA medical center or clinic, or refer you to a non-VA medical provider in your community. For urgent health issues, we offer same-day appointments, telehealth visits, or walk-in express care.

### Existing patient

### 14 days

Current as of February 17, 2023

### Learn more about VA appointment wait times

We offer comprehensive evaluation, diagnosis, and treatment for eye-related illnesses, injuries, and other issues. Our ophthalmology services include:

- Medical care for glaucoma, eye infections, and other conditions
- Surgery for cataracts, traumatic eye injuries, and other problems
- Treatment for eye conditions related to illnesses like diabetes or arthritis
- Plastic surgery to repair droopy eyelids, clear blocked tear ducts, and perform eyelid and facial reconstruction (oculoplastics)

# **Optometry**

Vision care, corrective lenses and eyeglasses

Common conditions: vision exams, prescription eyeglasses, contact lenses

Our optometrists offer you routine eye exams, preventive vision testing and treatment for conditions like glaucoma. We also provide prescriptions for eyeglasses and other assistive devices.

### **Contact information**

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

Referral required? No

Walk-ins accepted? No

# Average number of days to get an appointment

We'll work with you to schedule an appointment with the shortest wait time. In some cases, we may schedule your appointment at another VA medical center or clinic, or refer you to a non-VA medical provider in your community. For urgent health issues, we offer same-day appointments, telehealth visits, or walk-in express care.

New patient **28 days** 

Existing patient

4 days

Current as of February 17, 2023

### Learn more about VA appointment wait times

Our optometrists provide many eye-related services and treatments like:

- Vision services and eye exams
- Treatment for diseases and injuries of the retina, cornea, and other parts of your eye
- Low-vision services for conditions like macular degeneration that can't be corrected by glasses, surgery, or medication
- Special eye exams for diabetic patients

### PTSD care

If you have symptoms of PTSD after a traumatic event, we can help. We offer assessment and treatment support such as private counseling, group therapy and medication. It's never too late to get help.

### **Contact information**

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- · Sun. Closed

#### **PTSD Care Contact Number**

352-674-5166

#### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

### Referral required? Yes

### Walk-ins accepted? No

Post-traumatic Stress Disorder (PTSD) is a mental health concern that can occur after a traumatic event like war, physical or sexual assaults, natural disasters, or accidents. Most people have some stress reactions after trauma. If the reactions disrupt your life and do not go away over time, you may have PTSD. PTSD does not need to be a lifelong problem. There is no single treatment that will work for every person, but help is available.

- Skill development
- Evidence-Based therapies to address your traumatic event(s) (Cognitive Processing Therapy for PTSD, Prolonged Exposure, Eye Movement Desensitization and Reprocessing, Cognitive Behavioral Conjoint Therapy, Written Exposure Therapy)
- Focused therapy groups
- Psychiatric assessment and medication management
- Treatment for addictive disorders in combination with PTSD

### **Additional Resources**

- Learn more about PTSD
- PTSD : Decision Aid (va.gov)
- Cognitive Processing Therapy for PTSD PTSD: National Center for PTSD (va.gov)
- Prolonged Exposure for PTSD PTSD: National Center for PTSD (va.gov)
- Eye Movement Desensitization and Reprocessing (EMDR) for PTSD PTSD: National Center for PTSD (va.gov)
- About Face National Center for PTSD (va.gov)

### **Patient advocates**

VA wants to make sure that you get the best possible care. If you need help finding care or getting problems resolved, please contact a patient advocate.

### **Contact information**

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

#### Patient advocate direct line

352-674-5000x 301278

### Patient advocate direct line

352-674-5000x 305071

#### **Appointments**

If you've experienced any problems that you haven't been able to resolve by talking with your care team, please reach out to one of our patient advocates.

#### **Phone**

352-674-5000

### Referral required? No

### Walk-ins accepted? Yes

Our patient advocates work hard to make sure you receive the best possible care at our health care facilities. They can:

Help you get answers or address concerns with your care team

- Advocate for patient and family rights
- Serve as advocates for minority Veterans, women Veterans, and Veterans with disabilities
- Offer specialized help to former prisoners of war and Veterans transitioning from Operation Enduring Freedom (OEF), Operation Iraqi Freedom (OIF), and Operation New Dawn (OND)

### Learn more and connect with a patient advocate

Learn more about the Veterans Experience Office (VEO)

### **Pharmacy**

Prescriptions, Rx, medications, pharmacist consultation

Our specialists provide a full range of services to help you get and understand your prescription medicines and supplies. You can refill VA prescriptions online, by phone or by mail.

### **Contact information**

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- · Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

### Referral required? No

### Walk-ins accepted? No

Our pharmacy provides you and other Veterans with convenient, efficient service to make it easy to get your medications and medical supplies. You can:

- Pick up new prescriptions in person
- Refill prescriptions online and by phone or mail
- Safely dispose of medicines

### Learn more about our pharmacy

### Physical medicine and rehabilitation

Common conditions: pain, stroke, brain injury, neuromuscular disorders, musculoskeletal problems, sports injuries, spinal cord injuries

If you're living with a traumatic brain injury, amputation or other disability, our specialists offer support to help you improve your independence and quality of life, manage pain and stay healthy.

### **Contact information**

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

#### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

### Referral required? No

### Walk-ins accepted? No

Our physical medicine and rehabilitation doctors and therapists focus on whole-body health. They can help you manage your pain, increase your independence, and improve your quality of life with services like:

- Personalized therapy for your rehabilitation
- Medication, stretching, and massage for short-term pain relief
- Strengthening exercises and movement therapy to increase fitness and prevent future pain
- Recreation therapy to create coping and social skills
- Occupational therapy to improve coordination and balance, and help you manage life skills and everyday activities
- Assessment and treatment of speech, language, and swallowing disorders

# Physical therapy, occupational therapy and kinesiotherapy

PT, OT, KT

Physical therapy, occupational therapy and kinesiotherapy can help restore movement and function if you have been disabled by injury or disease.

### **Contact information**

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

### **Podiatry**

Foot, ankle and lower extremities

Common conditions: arthritis, bunions, diabetic foot care, foot deformities, skin and nail conditions

Our podiatry specialists evaluate and treat a wide range of injuries, diseases and disorders that affect your feet and ankles—from ingrown toenails to inflammation to diabetic foot ulcers.

### **Contact information**

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

### Referral required? No

### Walk-ins accepted? No

After years of walking, running, marching, jumping, rappelling, and parachuting, many Veterans experience trouble with their feet and ankles. We can help treat those problems so you can continue to enjoy an active lifestyle. Our podiatry services include:

- Arthritis care for inflamed, swollen, or damaged joints
- Foot and ankle fracture treatment, repair of cartilage, torn tendons and ligaments
- Injections to reduce pain and swelling
- Joint arthroplasty (surgical repair or reconstruction) and replacement
- Minimally invasive surgery and post-surgical rehabilitation
- Foot health maintenance procedures (bunion removal, resurfacing, and nail trimming)

### Primary care

Family and internal medicine

Your VA primary care provider will work closely with you to plan for all the care you need to stay healthy and well throughout your life, including immunizations and vaccinations. They will also work with family members or caregivers who support you.

### **Contact information**

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

#### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

### Referral required? No

Walk-ins accepted? No

# Average number of days to get an appointment

We'll work with you to schedule an appointment with the shortest wait time. In some cases, we may schedule your appointment at another VA medical center or clinic, or refer you to a non-VA medical provider in your community. For urgent health issues, we offer same-day appointments, telehealth visits, or walk-in express care.

New patient **27 days**Existing patient **5 days** 

Current as of February 17, 2023

### Learn more about VA appointment wait times

A strong network of family and internal medicine specialists and services can offer you the best possible care. Internal medicine doctors (internists) prevent, diagnose, and treat adult diseases. Doctors who specialize in family medicine provide primary health care to the entire family. Your primary care team can coordinate the many services you receive such as:

- Labs and blood work
- Mental health care
- Womens health care
- Radiology
- Social services
- Telehealth

# Radiology

**Imaging** 

We use imaging to help screen for, diagnose, and treat illness and injury. We provide X-rays and other imaging technologies.

### **Contact information**

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

### **Phone**

352-647-5000 x 305170

### Referral required? Yes

### Walk-ins accepted? No

We offer radiology and imaging services to diagnose and treat many medical conditions.

The technologists who *perform* your exams are certified by the American Registry of Radiologic Technologists and have undergone rigorous training to operate high technology equipment in the safest manner possible. To learn more about radiologic technologists and various specialty certifications, visit the <u>ARRT</u>.

The Radiologists who *interpret* your exams are highly trained specialist physicians who will work closely with your treatment team to make sure you receive an accurate and timely diagnosis. To learn more about Radiologists, click <u>here</u>.

### Our services include:

- General X-ray and Fluoroscopy In the General X-ray section, you may receive x-rays of all the major bones in your body. These exams generally only take a few minutes to complete. We also perform more advanced imaging procedures such as arthrograms (joint evaluations with contrast), myelograms (spine evaluations with contrast), lumbar punctures (for testing of cerebrospinal fluids), and a variety of GI studies including Upper GIs, esophorias, barium enemas, and small bowel follow throughs. We use live x-ray (called fluoroscopy) to support the operating room and other departments that utilize image guided procedures. We also perform therapeutic joint injections using corticosteroids or viscosupplementation to alleviate pain in the shoulders, knees, and hips.
- **Ultrasound (Sonography)** Ultrasound is another imaging test that does not use radiation, but instead utilizes sound waves from a probe or transducer to create pictures of the body's internal organs and structures. Ultrasound can be used to help diagnose swelling, pain, and infection. It is also frequently used to provide guidance for needle biopsies and diagnose problems related to blood flow.
- Mammography (mammograms) Mammography is an x-ray imaging method used to examine the breast of both men and women for early detection of cancer and other diseases related to the breast. It can be used as both a diagnostic and screening tool all while using very little radiation dose. Patients whose cancers are found and treated earlier have a better prognosis than those with late-stage cancers, typically undergoing less invasive treatments experiencing much higher survival rates. Some of the

services we provide include screening and diagnostic mammograms, as well as breast biopsies. We pride ourselves on providing exceptional care and taking the initiative to make our patients as comfortable as possible during their time with us.

- Computer tomography (CT) Computed tomography (commonly called CT or CAT scan) is a diagnostic imaging test used to create very detailed images of blood vessels and soft tissues, bones, and internal organs. The images created by a CT scanner are cross sectional, meaning they are thin slices, like a loaf of bread. These cross sectional images can then be reformatted in multiple planes and even be used to create three-dimensional images.
- Nuclear Medicine Nuclear medicine is a specialized area of radiology that uses small amounts of radioactive materials, or radiopharmaceuticals, to examine the organ structure and function. With our state-of-the-art equipment we can help diagnose and treat abnormalities very early in the progression of a diseases, such as thyroid cancer. The positron emission tomography scan, or PET scan, is the most effective scan used to detect the stage of cancer. A PET scan relies on metabolic differences between malignant and non-malignant cells to detect cancer in the body. Some of our other common scans include: Bone Scans, Thyroid Scans, Gastric emptying study, Nuclear stress test. Some good resources to learn more about Nuclear Medicine: <a href="Nuclear Medicine Procedures">Nuclear Medicine Procedures</a> and Therapies; Nuclear Medicine and Radiation Safety; "See the Future" Video Link
- Magnetic resonance imaging (MRI) Magnetic Resonance Imaging, or MRI, uses powerful magnetic fields instead of radiation to create detailed images of the body's internal structures. MRI scans are ideal for evaluating the soft tissues of the body can see things that are not visible in CT scans. MRI scans generally take longer than CT scans and will require you to hold very still during the exam. If you are claustrophobic, you should tell your doctor or the technologist before being scheduled for this exam. Since MRI uses powerful magnets, it is important that you complete an accurate screening to ensure you do not have any implants or metallic fragments in your body that are not safe for MRI. For more information on MRI safety, this website is a good resource.
- **Dual Energy X-Ray Absorptiometry** DEXA or DXA stands for Dual Energy X-ray Absorptiometry. It is the most widely used study to test your bone density and to see how strong your bones are. This painless scan usually takes between 10-15 mins using small amounts of radiation, focusing on your hip, spine and occasionally your forearm. This service is offered at the Malcom Randall VAMC, The Villages OPC, Jacksonville OPC, and Tallahassee HCC locations.
- Interventional Radiology Interventional Radiology (IR) consists of performing minimally invasive diagnostic and therapeutic procedures using image-guidance to treat a broad range of diseases and other conditions. These procedures involve a collaborative effort of ultrasound (US), computed tomography (CT), and/or fluoroscopy in order to achieve a high standard of care for our Veterans. Some services include, but are certainly not limited to: Percutaneous Nephrostomy Tube Placement (PCN); Transjugular Intrahepatic Portosystemic Shunt (TIPS); Chemoembolization; and Radiofrequency Ablation.

### Research

Diagnostic Imaging is involved in a variety of cutting-edge research projects including dual energy CT (DECT), artificial intelligence use in low-dose CT scans, cardiac myocardial perfusion imaging with coronary flow reserve, and new radiopharmaceutical trials for myocardial perfusion imaging.

Sites and Contact Information

Malcom Randall VAMC, 352-548-6356 or 352-548-6389

All modalities and services including Interventional Radiology

**Lake City VAMC**, 386-755-3016 x39-2114

X-ray, CT, MRI, Nuclear Medicine, US, Joint Injections, GI Studies

**Tallahassee HCC**, 850-513-7820

X-ray, CT, MRI, DXA, US, GI Studies

**Jacksonville OPC,** Jefferson St, 904-475-5800 x50-6297

X-ray, CT, MRI, DXA, US, Joint Injections, GI Studies, Nuclear Medicine

The Villages OPC, 352-647-5000 x30-5170

X-ray, MRI, CT, DXA, US, Joint Injections

**Disclaimer:** Several links within this page will take you to non-VA websites and is provided for convenience only. VA does not endorse and is not responsible for the content of the sites to which you will be taken.

### Returning service member care

Post-9/11 Veterans (OEF, OIF, OND) transition and care management services

If you're returning from military service, we can help you readjust to civilian life and get started with VA health care. We can also help connect you with programs like mental health services and education and career counseling.

### **Contact information**

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- · Sat. Closed
- · Sun. Closed

### **M2VA** program contact

352-548-6000x 104797

### M2VA program email

VHANFLTransitionandcaremanagement@va.gov

### **Appointments**

If you're returning from military service, we can help you readjust to civilian life and get started with VA health care. We can also help connect you with various programs.

#### **Phone**

352-674-5000

### Referral required? No

### Walk-ins accepted? Yes

We can help you readjust to civilian life if you're returning from military service, on active duty, or an activated National Guard or Reserve member. Talk to one of our care coordinators about how to best use your health care benefits.

- Polytrauma care (if you have multiple traumatic injuries)
- Counseling and rehabilitation
- Mental and behavioral health services
- Family benefits counseling and assistance
- Referral assistance

Learn more and connect with a coordinator

# Sleep medicine

# **CPAP** therapy

Common conditions: insomnia, narcolepsy, restless legs syndrome, sleep apnea, sleepwalking

The sleep medicine service diagnoses and treats your sleep problems, including trouble sleeping, breathing difficulties while sleeping, snoring, teeth grinding and jaw clenching.

### **Contact information**

radiology room 320

#### **Hours**

- Mon. 7:30 a.m. to 4:00 p.m.
- Tue. 7:30 a.m. to 4:00 p.m.
- Wed. 7:30 a.m. to 4:00 p.m.
- Thu. 7:30 a.m. to 4:00 p.m.
- Fri. 7:30 a.m. to 4:00 p.m.
- Sat. Closed
- Sun. Closed

#### **CPAP** clinic

352-674-5000x 301488

#### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000 x 301610

### Referral required? Yes

### Walk-ins accepted? No

At various points in our lives, all of us suffer from a lack of sleep. But, if you are spending enough time in bed and still wake up tired or feel very sleepy during the day, you may have a sleep disorder. We can help. Our sleep specialists can:

- Diagnose and treat sleep apnea and other sleep disorders
- Monitor your blood oxygen levels and heart rate
- Study your brain waves during sleep
- Evaluate possible causes for your excessive sleepiness
- Conduct sleep tests performed at home or in the lab
- Work with your doctors if you need surgery or dental appliances to help you get a good night's sleep

### Social work

Social workers are here to help Veterans, families and caregivers with almost any need, from help with finances or housing to questions about treatment to just feeling overwhelmed. We are here for you.

### **Contact information**

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

### Referral required? No

### Walk-ins accepted? No

Social work is integral to health care. We can help you and your family manage stress-related problems due to injury or illness, and find VA community resources to meet your needs like:

- Home health services
- Legal services
- Transportation
- Community living

### Whole health

Patient-centered care

Whole health puts you at the center of care, rather than your illnesses or conditions. We work with you to develop a personalized health plan based on your values, needs, and goals.

### **Contact information**

#### **Hours**

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Whole health puts you at the center of care, rather than your illnesses or conditions. We work with you to develop a personalized health plan based on your values, needs, and goals.

### **Phone**

352-674-5000 x 301358

### Referral required? No

### Walk-ins accepted? No

Our whole health approach empowers and equips you to take charge of your health, well-being, and quality of life. Whole health goes beyond your illnesses, injuries, or disabilities, and focuses instead on your values, goals, and overall health. It includes self-care and complementary therapies along with conventional medical care. Our whole health program includes:

- Acupuncture to help you manage pain without drugs
- Meditation and mindfulness training

- Yoga, tai chi, and qi gong classes
- Massage and manual therapy
- and much more.

Learn more about Whole Health at <a href="https://www.va.gov/north-florida-health-care/programs/whole-health">https://www.va.gov/north-florida-health-care/programs/whole-health</a>

### Women Veteran care

Common conditions: women's primary care, mental health, obstetrics and gynecology, pap smear, mammogram

We offer women's health services to meet your specific needs such as disease screenings, mental health treatment, recovery from military sexual trauma, maternity care and female-specific medical equipment.

### **Contact information**

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

#### **Phone**

352-674-5000

Referral required? No

Walk-ins accepted? No

# Average number of days to get an appointment

We'll work with you to schedule an appointment with the shortest wait time. In some cases, we may schedule your appointment at another VA medical center or clinic, or refer you to a non-VA medical provider in your community. For urgent health issues, we offer same-day appointments, telehealth visits, or walk-in express care.

Existing patient

5 days

### Current as of February 17, 2023

### Learn more about VA appointment wait times

Our womens health program offers complete health care for women Veterans of all ages. Our primary care providers specialize in women's health. They work closely with specialists in gynecology, obstetrics, female urology, oncology, medicine, radiology, surgery, and breast illness. Our services for women Veterans include:

- Ultrasounds, mammograms, Pap and HPV tests
- Mental health care and counseling
- Lifestyle wellness services
- Menopause treatment, including hormonal therapy
- Family planning, contraceptive care, and infertility evaluation

### Learn more and connect with a care coordinator

### Wound care and ostomy

We provide thoughtful, compassionate diagnosis and treatment for Veterans with acute or chronic wounds or those who need ostomy care.

### **Contact information**

#### Hours

- Mon. 8:00 a.m. to 4:30 p.m.
- Tue. 8:00 a.m. to 4:30 p.m.
- Wed. 8:00 a.m. to 6:00 p.m.
- Thu. 8:00 a.m. to 4:30 p.m.
- Fri. 8:00 a.m. to 4:30 p.m.
- Sat. Closed
- Sun. Closed

### **Appointments**

Contact us to schedule, reschedule, or cancel your appointment. If a referral is required, you'll need to contact your primary care provider first.

### Phone

352-674-5000

Referral required? No

Walk-ins accepted? No

Healing your wounds is an important step in your recovery and rehabilitation. Our wound care team will assess your wound, determine where you are in the healing process, and provide a treatment plan for your care. If you've had ostomy surgery and are living with either a temporary or permanent stoma (a surgical opening to allow urine, feces, or body fluids to exit your body), we can help you manage the care of your stoma, make good product choices, and cope with the effects of ostomy surgery. We provide care and support for:

- Open, non-healing, and hard-to-heal wounds
- Localized incisions and infected or draining wounds
- Bedsores (also known as pressure ulcers or decubitus ulcers)
- Amputations
- Wounds or leaking seals around your stoma
- Skin rashes